

TECHNOLOGY

International Cooking 10INC

SUBJECT DESCRIPTION:

International Cooking allows students to explore the cuisines of various countries and to appreciate how these have impacted on contemporary eating patterns in Australia. Knowledge of various processes and ingredients key to these cuisines will be utilised as students develop and trial a modern recipe of their own.

In this unit, students will study:

- Cooking of nutritious multicultural foods
- Factors that influence personal food choices
- Current trends in foods - diet and health issues
- The design process

VCE SUBJECT LINKS

Food Studies

THIS SUBJECT ENHANCES LEARNING IN:

Health, Humanities, Maths, Science

ASSESSMENT:

- Design project
- Practical activities/cooking
- Examination