

HEALTH & PE

Outdoor Education Summer Program

100EA

SUBJECT DESCRIPTION:

Outdoor Education examines ways in which experience in the outdoor natural environment influences human development. Students examine methods of safe participation in outdoor adventure activities in a theoretical setting and through the practical application of theoretical concepts covered. The impact that humans have on their immediate environmental surrounding is also examined. This includes both the impact of recreational and other practices. Strategies humans can use to minimise such impacts are investigated.

In this unit, students will study:

Theory Component

- Surf lifesaving/surfing
- Water safety/surf awareness
- First aid basics
- Terms and types of outdoor environments
- Media portrayals of nature

Practical Component

- Surfing
- Snorkelling
- Canoeing
- Field trips

VCE SUBJECT LINKS

Outdoor and Environmental Studies

THIS SUBJECT ENHANCES LEARNING IN:

This subject will support students in developing skills in leadership and teamwork, as well as challenging themselves to participate in a range of outdoor activities they may not have had previous experience in.

ASSESSMENT:

- Surf safety coursework booklet
- Surfing research assignment
- Parks Victoria research project
- Practical participation
- Semester examination

Outdoor Education Spring Program

100EB

SUBJECT DESCRIPTION:

Outdoor Education examines ways in which experience in the outdoor natural environment influences human development. Students examine methods of safe participation in outdoor adventure activities in a theoretical setting and through the practical application of theoretical concepts covered. The impact that humans have on their immediate environmental surrounding is also examined. This includes both the impact of recreational and other practices. Strategies humans can use to minimise such impacts are investigated.

In this unit, students will study:

Theory Component

- Characteristics of outdoor environments
- Indigenous relationships
- The impact of technology on outdoor environments
- Community based environmental action
- Surf safety/awareness and conditions

Practical Component

- Bush cooking
- Mountain bike riding
- Bushwalking
- Surfing

VCE SUBJECT LINKS

Outdoor and Environmental Studies

THIS SUBJECT ENHANCES LEARNING IN:

This subject will support students in developing skills in leadership and teamwork, as well as challenging themselves to participate in a range of outdoor activities they may not have had previous experience in.

ASSESSMENT:

- Types of environments
- Technology and the outdoors presentation
- Surf topics group lesson
- Practical participation
- Semester examination